

## Dementia and Spirituality

**Course Aim:** *This one day course will be an introduction and overview to understanding and exploring spirituality in our own lives and especially in relation to living well with dementia. It will encourage us to include and value the spirituality of persons with dementia as part of a holistic and relational approach, whether expressed through formal religious traditions or none. We will have an opportunity to explore how to engage with those we care for in ways which affirm spirituality and increase the potential for well being.*

**Trainer(s):**

**Danuta Lipinska**

**Venue:**

Training Suite,  
Dementia UK Training  
6 Camden High Street  
London NW1 0JH

**Date:**

**7<sup>th</sup> September 2010**

**9.30am - 4.30pm**

*(Registration from 9am)*

**£70 per learner**

*(Inclusive of refreshments, lunch & learner support materials)*

### Learning Objectives:

*At the end of the course learners will be able to:*

- Describe what is meant by spirituality and how it is expressed and experienced in our own lives
- Explore how spirituality might be experienced by persons with dementia
- Describe how a person centred/relational approach and working at 'relational depth', using empathy and creativity in our communication can impact on the wellbeing of the person with dementia
- Examine and develop possible opportunities for engaging the person with dementia in ways, which include and affirm their spirituality and increase the potential for well-being.

### Suitable for:

- Residential care staff
- Domiciliary staff
- Day care staff
- Health care assistants
- Volunteers and managers within health and social care services

### Mapping to External Qualifications and Occupational Standards

*Please contact us for further details specific to this course*

*Also see: [www.skillsforcare.org.uk](http://www.skillsforcare.org.uk), [www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk), and [www.city-and-guilds.co.uk](http://www.city-and-guilds.co.uk)*

### Training Style

*All Dementia UK Training courses are interactive and use a range of participatory training methods.*

### Learner Preparation

*Before the course consider what your learning objectives are for this event and how you would like to achieve them.*

### Support Needs

*Please notify us as soon as possible if you have specific support needs (e.g. disabled access, special dietary requirements, prayer space, information in other formats e.g. Braille).*